

NAVAL HOSPITAL CAMP LEJEUNE

"We Build Strength Through Caring"

SCUTTLEBUTT

Volume 1 Issue 11

NOVEMBER 2011



Inside: JC Accreditation—Hispanic Heritage Event—FRG Visits Mike's Farm

Naval Hospital Camp Lejeune corpsmen volunteer to record health information and take blood pressure readings from military retirees and their family members during the Retiree Health Fair at the 17th annual Military Retiree Appreciation Day held on Marine Corps Base Camp Lejeune on Oct. 1.

U.S. Navy photo by Anna Hancock

To Our Vets, Servicemembers and Retirees: Thank You



Capt. Daniel J. Zinder
Commander
Naval Hospital Camp Lejeune

The leaves are falling and the air is crisp! That means fall is here and the holidays are rapidly approaching. It's a wonderful time to reflect on all that we have.

This month we have the Marine Corps Birthday, Veteran's Day, and Thanksgiving. Three holidays well suited to our command and well suited for reflection. When I look around our command, this base, and in the surrounding community, one thing I am constantly thankful for are the Veterans in our midst.

Many are retirees, many simply served for one, two, or more enlistments, but all have the common thread of service to country, and the bond to the military and the military family. Nowhere is that bond tighter than in the unspoken bond between combat Marines and their Corpsmen. Today I look to all the veterans in our midst, many working in our command, and I say, "Thank you!" for the service you gave in uniform, and for the service you continue to give as veteran civilians. We are able to do our jobs today because of the work you did before us. We stand on your shoulders in pride and in accomplishment.

I ask all the staff of Naval Hospital Camp Lejeune to remember to wish the Marines you see a "Happy birthday," on Nov. 10, and to honor the achievements of our vets on Veteran's Day.

I wish you all a happy and safe Thanksgiving.



Courtesy photo by Amy Binkley

"Less talk and more action!" stressed Lt. Cmdr. Brian Reed, a general surgeon at Naval Hospital Camp Lejeune, while speaking at the annual Military Wives Breast Cancer Survivor Luncheon held aboard Marine Corps Base Camp Lejeune Oct. 24. More than 30 military spouses and their supporters listened to powerful speeches throughout the luncheon, all emphasizing the importance of Breast Cancer education, awareness, self-exams and support.

scut-tle-butt

n.

1. Slang for spoken communication; through the grapevine

2. Nautical

a. A drinking fountain on a ship; gathering place

b. A forum for NHCL staff to get 'insider info'

SCUTTLEBUTT



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Scuttlebutt is an authorized publication for Marines, Sailors, retirees and family members. Its contents do not necessarily reflect the official views of the U.S. government, the DoD, or the Naval Hospital Camp Lejeune Public Affairs Office.

Scuttlebutt follows the Associated Press Stylebook and CHINFO guidelines for Navy news writing. The editorial content of this publication is the responsibility of the Public Affairs Office, Naval Hospital Camp Lejeune, N.C., 28547-2538. Questions or comments can be directed to the Editor-In-Chief, phone 450-4463, or the Managing Editor, phone 450-3501. Content may be submitted via email to nhclpao@med.navy.mil. All story contributions must be in a Word document format and photo contributions no less than 300dpi.



www.facebook.com/nhclejeune

NHCL Receives Joint Commission Accreditation

By Lt. Cmdr. Jeffrey Huff
Quality Management Department

In early Oct., Naval Hospital Camp Lejeune received official certificates from the Joint Commission Survey that took place in July of this year and measures a health care institution's level of patient care and safety. If a health care institution received Joint Commission Accreditation, certificates are commonly found in the front lobby of the facility and are proudly displayed. This accreditation is awarded every three years upon a successful survey. NHCL has held this accreditation since it was founded on Marine Corps Base Camp Lejeune.

The results of this year's survey were the best that NHCL has achieved in Joint Commission Surveys. The surveyors were particularly pleased at the high degree of staff motivation, professionalism, moral and desire to perform. The surveyors were further impressed with how organized and prepared the facility was for the survey and the cleanliness of the facility.

Overall this Joint Commission survey was a very positive event for NHCL and the staff should be proud of their hard work and the high standards of which they maintained!



Dr. Rodriguez Awarded Top Honor

By Anna Hancock
NHCL Public Affairs

Cmdr. Antonio Rodriguez, Cardiologist, Naval Hospital Camp Lejeune's Internal Medicine Department, is one of two 2011 recipients of the Sparks Award for Excellence in Internal Medicine by the Navy chapter of the American College of Physicians.

The Sparks Award is presented to outstanding Navy Internists at a non-Internal Medicine teaching hospital or other Military Treatment Facility (MTF) in recognition of outstanding achievement including, but not limited to teaching prowess and academic acumen, displaying exemplary characteristics of care and concern for individual patients, professionalism, and serving as a role model and mentor.

Lauded by Capt. Daniel Zinder, commanding officer, NHCL, as having unbounded energy and an unflagging dedication to patients and teaching, Dr. Rodriguez has been a valued addition to NHCL's medical team, dually serving in roles such as the chief of the Division of Cardiology and the Chair of the Pharmacy and Therapeutics Committee.

Bravo Zulu Dr. Rodriguez!



U.S. Navy photo by Anna Hancock

At Naval Hospital Camp Lejeune's Retiree Appreciation Day and Health Fair, Oct. 1, Cmdr. Antonio Rodriguez, Cardiologist with Naval Hospital Camp Lejeune's Internal Medicine Department, volunteers to speak to retirees and their families about heart health.

NHCL Holds Annual Health Fair at

By Raymond Applewhite
NHCL Public Affairs

Approximately four hundred military retirees, many of them war veterans from at least one combat tour, family members and widows came from far and wide to attend the 17th annual Military Retiree Appreciation Day held on Marine Corps Base Camp Lejeune (MCBCL) on Oct. 1. Many of the retirees and veterans wore caps, ribbons, or some type of military insignia that proudly told others, "We served."

Randy Reichler, retired affairs officer, MCBCL, welcomed the packed room of guests and participants.

"We are here for you today. That's what today is all about. You have done your time and this is our way of saying thank you," said Reichler.

Marine Corps Col. Daniel Lecce, commanding officer, MCBCL, took to the stage after Reichler's introduction and thanked the veterans for their service and sacrifice. Lecce kept folks laughing during his detailed presentation highlighting current construction projects, as well as discussing future projects.

Following Lecce, Navy Capt. Anne Swap, executive officer, Naval Hospital Camp Lejeune (NHCL), presented information about the current and future hospital construction and renovation plans. Swap told the audience that the hospital staff was honored and privileged to participate in the Health Fair event that was largely attributed to the hard work from NHCL's Health Promotions Department.

"The Health Fair event is a perfect opportunity for folks to stay up to date about the many services and programs offered by the hospital. Our primary focus is to provide them with information that will help prevent diseases and illnesses," said Jim Askins, department head for Health Promotion.

"We are really excited about the health fair and for the first time, we are offering free flu shots on site."

During the event, hospital staff helped veterans migrate to 40 health-related booths ranging from blood pressure checks, hearing tests in the mobile van, skin cancer screenings in the mobile van, information on nutrition, diabetes, tobacco cessation, cholesterol checks and oral screenings.

Additional information booths were stocked with literature about the Delta Dental program, Blood Donor Center, TRICARE, Healthy Heart, Provost Marshal, vehicle registration, legal advice and the USO. Eighteen veteran and military retiree organizations were represented and information was available about the Army/Navy Retirement Home and the state's veteran's cemeteries.

The majority of the booths were manned by civilian hospital employees and Sailors who volunteered their liberty time to participate. An ample supply of volunteers, including 14 health sciences students led by Angelia Washington, health educator from Camp Lejeune's high school, were also on hand to act as guides, give directions, and in some cases escort or assist the attendees to areas where they could get free food, exams and much more.

"It is extremely important for the hospital to participate in these types of events, which help to raise awareness. Plus today afforded our young Sailors and civilian staff an opportunity to meet military members who proudly served in the past," said retired Chief Hospital Corpsman Bill Hemmingway.

The oldest veteran in the room was a World War II veteran who was in his mid-eighties. The youngest volunteer in the room was 7 year old Evan Green. Evan stood proudly by his mother, Cmdr. Julie Green, and helped her man an information booth. Green is the director of medicine at NHCL.

Military Retiree Appreciation Day



Pictured right and above: Staff from more than 10 clinics, departments and offices at Naval Hospital Camp Lejeune volunteered their time to provide health screenings and information to the retirees and their family members participating in NHCL's Retiree Health Fair at the 17th annual Military Retiree Appreciation Day aboard Marine Corps Base Camp Lejeune Oct. 1.

U.S. Navy photos by Anna Hancock

HOSPITAL ROUNDS

Welcome!

If you or anyone you know needs transportation from the Naval Hospital parking lot to the lobby and back to the parking lot please call the quarterdeck at **(910) 451-3079 or 450-4652.**



Approved 10/08/11

The shuttle driver is happy to serve you.

Naval Hospital
Camp Lejeune
100 Brewster Blvd.
Camp Lejeune, NC
28547



Attention NHCL Staff:

Please be sure to inform patients of the new number to call the shuttle service in the patient parking lots.

2011 Holiday Food Program

Pastoral Care is collecting food for food baskets to be distributed to our shipmates during the Thanksgiving holiday.

Bring donated items to Pastoral Care through Nov. 10.

See the command intranet for more information or call RP2 Galton at 450-4070 with any questions.

MCX Pharmacy Closed for Renovations

The Marine Corps Exchange pharmacy will be closed for renovations on

Nov. 28 — Dec. 4.

During this week, the Naval Hospital pharmacy will operate under extended hours for the convenience of pharmacy patrons.

Monday — Friday

8:00 a.m. — 8:00 p.m.

Saturday

9:00 a.m. — 5:00 p.m.

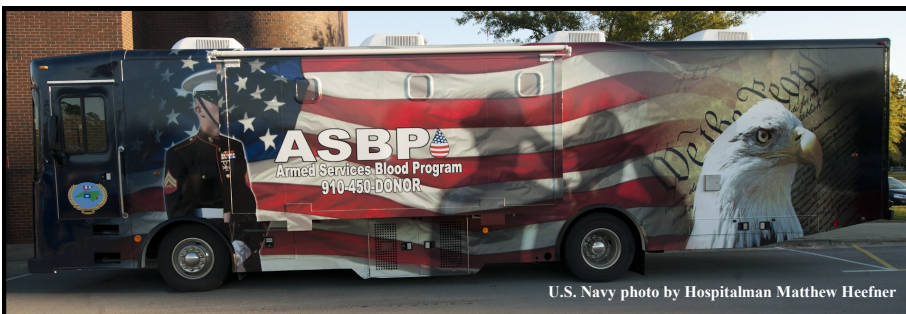
Sunday

12:00 p.m. — 4:00 p.m.

Blood Donor Mobile Gets a Facelift

Save up to three lives with just one pint of blood!

Stop by Naval Hospital Camp Lejeune's Blood Donor Center to schedule an appointment today or call **450-4628.**



U.S. Navy photo by Hospitalman Matthew Heefner

NHCL Celebrates Navy's 236th Birthday

By Cpl. Miranda Blackburn
Marine Corps Base Camp Lejeune

Excerpts of this article were reprinted with permission from The Globe on Oct. 20.



U.S. Navy photo by Hospital Corpsman 2nd Class Janine Beaufort

Naval Hospital Camp Lejeune staff celebrated the U.S. Navy's 236th birthday with a cake cutting ceremony Oct. 13 on the second floor atrium. In line with Navy tradition, the Sailors with the least and most amount of years in service that attended the ceremony cut the cake. NHCL staff also enjoyed a special birthday celebration meal hosted by NHCL's galley consisting of New England Clam Chowder, a salad, ribeye and fried shrimp, rice pilaf, veggies and assorted pastries.

History states that on Oct. 13, 1775, President George Washington took command of three armed ships under the authority of the Continental Congress with the intent of intercepting any supply ship. With this action, Washington said, "Without a decisive naval force, we can do nothing definitive." This is where the United States Navy's history began.

October 15, sailors from both Marine Corps Base Camp Lejeune and Marine Corps Air Station Cherry Point celebrated the birthday of the United States Navy at the New Bern Convention Center, New Bern, N.C.

With this year's theme being, "Get back to the basics: Know your heritage," the ceremony showcased an aspect of Navy life not experienced by many of the guests at the ball that evening by highlighting some of the oldest naval traditions to remind sailors of their history.

Amidst the party and celebration, the Chaplain of the Marine Corps Rear Admiral Margaret Grun Kibben spoke to her fellow "green" shipmates.

"I'm very happy to be sharing this Navy birthday here in 'Marine land' with you," said Kibben. "We sailors have the opportunity to serve with this esteemed group, the Marines. We have the opportunity to serve alongside them in ways that other sailors will never fully understand."

In his official birthday message, Chief of Naval Operation Admiral Jonathan W. Greenert told the Navy, "As our birthday is celebrated around the globe, I know you will carry our proud legacy wherever you go. I cannot begin to tell you how honored and privileged I am to be your chief of naval operations. Happy 236th Birthday to you and to your families."



U.S. Navy photo

Sailors from Naval Hospital Camp Lejeune, Marine Corps Base Camp Lejeune and Marine Corps Air Station and their families celebrate the 236th Navy Birthday Ball ceremony at the New Bern Convention Center in New Bern, N.C., Oct. 15.

Diversity Committee Hosts Hispanic Heritage Celebration

By Anna Hancock
NHCL Public Affairs

Staff and family members from Naval Hospital Camp Lejeune honored Hispanic Heritage Month, Oct. 20, with a ceremony organized by NHCL's Diversity Committee. This year's theme, "Many Backgrounds, Many Stories; One American Spirit," celebrated the independence of many Latin countries and the cultures, foods, dance and traditions that Hispanic Americans embrace.



Senior Chief Hospital Corpsman Erick Vazquez



Hospitalman Kevin Mendez and Hospital Corpsman 2nd Class Alba Tinsley

More than 100 participants attended the ceremony which featured guest speaker Senior Chief Hospital Corpsman Erick Vazquez, director for leading chief petty officers, Directorate Clinical Support Services, and Salsa dancing by Hospitalman Kevin Mendez and Hospital Corpsman 2nd Class Alba Tinsley. The ceremony closed with catering from La Casita Loca and Vazquez's homemade Coconut Flan.

To volunteer with NHCL's Diversity Committee, contact Hospital Corpsman 1st Class Jamie Davis or Hospital Corpsman 2nd Class Ashley Ford at 450-4585.

U.S. Navy photos by Hospital Corpsman 2nd Class Janine Beaufort

FRG Visits Mike's Farm



Director for Administration Cmdr. Matthew Case's family.

Courtesy photos from FRG members



Acting Command Master Chief Timothy Hanley and family.



Chaplain Lt. Nashaunna Sanders and family.

By Anna Hancock
NHCL Public Affairs

Naval Hospital Camp Lejeune's Family Readiness Group and NHCL staff and family members enjoyed great company and good times on a hayride and in a pumpkin patch, at the second Fall Mike's Farm trip Oct. 22. More than 60 staff and families were greeted by Capt. Daniel Zinder, commanding officer, NHCL, and Senior Chief Timothy Hanley, acting command master chief before the group gathered on a hayride.

The Family Readiness Group sponsors many morale boosting and camaraderie building activities throughout the year. To volunteer with the group, email frgnhcl@gmail.com or visit the Facebook page for more information by searching **NHCL FRG**.

Upcoming Events:

Kids Float in the Veterans Day Parade

Nov. 5 9:30 a.m. Coastal Carolina Community College
Children may wear blue and gold and their parents' cover. Bring a handheld flag.

Christmas Hay Ride

Dec. 9 7:00 p.m. Mike's Farm
Ticket prices and information to follow.